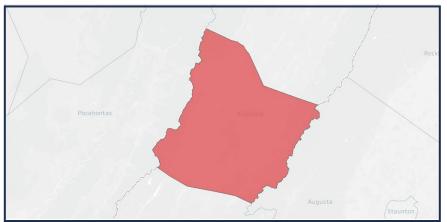


### HEALTH OPPORTUNITY INDEX

Health Matters. Place Matters

#### Census Tracts in **Highland County** by HOI Composite Quintile:



#### Count of census tracts in the county by HOI Composite Quintile:

Quintile 5	Quintile 4	Quintile 3	Quintile 2	Quintile 1
Very High	High	Moderate	Low	Very Low
0	0	0	0	1

HOI composite score and profile scores range from 0 to 1. The closer the score is to zero, the lower the chances for residents in the census tract to experience the opportunity for good health. Conversely, the closer the score is to 1, the greater the chances that residents will experience high opportunities for good health. You can also gauge health opportunity by looking at the Quintile. Quintile 5 reflects very high health opportunity. Quintile 1 reflects very low health opportunity. Life expectancy can also help gauge health opportunity.

For more detail about each tract, launch the interactive HOI map: https://apps.vdh.virginia.gov/omhhe/hoi/hoi-dashboard

## CHRONIC DISEASE PREVALENCE

Orange indicates rate at highest/worst level (1op 20)			
Arthritis: 38.6	COPD: 9		
Binge Drinking: 13.9	Smoking: <b>11.4</b>		
High BP*: <b>44.7</b>	Diabetes: 15.3		
Cancer: <b>14.2</b>	HCHOL*: <b>45.9</b>		
Asthma: 9.2	Obesity: 33.2		
Heart Disease: 10.3	Stroke: 4.6		

\* BP = Blood Pressure, HCHOL = High Cholesterol

## % COUNTY POPULATION BY GENERATION











% COUNTY POP BY RACE

Population of 1 Race Alone

AIAN\*: 0.13%

Asian: 0.27% % Total Pop Asian in VA: 7.13% Black or AA\*: 0.09%

% Total Pop AIAN in VA: 0.46%

NH or PI\*: 0.04% % Total Pop NH or PI in VA: 0.08% Some Other Race: 0.54%

White: **95.65**%

% Total Pop White in VA: 60.35%

% Total Pop Black or AA in VA: 18.62%

% Total Pop Some Other Race in VA: 5.179

Two or More Races: 3.27% % Total Pop Two or More Races in VA: 8.18%



# **Highland County**

Health District: Central Shenandoah

This report was created January 29, 2025



# **County Overview**

Total Land Area: 415.2 sq mi Total Land Area in VA: 39,490 sq mi

Total Census Tracts: 1 Total Census Tracts in VA: 2,168

Total Population: 2,232 Total Population in VA: 8,631,393

Median Age: 57.1 Median Age in VA: 39.3

Average Life Expectancy: 78.6 Life Expectancy in VA: 78.1

Total Housing Units: 1,787 Total Housing Units in VA: 3,618,247

Total Households: 1,003 Total Households in VA: 3,402,670

Median HH Income: \$62,946 Median Household Inc. in VA: \$89,931

Disabled Population: 19.2% Disabled Population in VA: 12.8%

No Health Coverage: 7.2%

Pop with No Health Coverage in VA: 6.4%

Poverty Rate: 10.3% Poverty Rate in VA: 10.2%

Pop 25+ w/HS Deg or Less: 45.2% Pop age 25+ with HS Deg or Less in VA: 32.5%

\*AIAN = American Indian or Alaska Native, AA = African American, NH or PI = Native Hawaiian or Pacific Islander